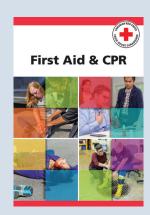


MATERIALS

- > Red Cross First Aid & CPR Digital Manual
- > Emergency First Aid certificate (digital certificate issued upon successful completion)
- > Red Cross First Aid App
- > Comprehensive Guide to First Aid & CPR (eBook)



CONTACT US

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ONLINE FIRST AID COURSES

Commissionaires Nova Scotia is a certified Canadian Red Cross Training Partner and provides two levels of First Aid Training: **Emergency First Aid** and **Standard First Aid**.

To provide a solution for social distancing because of COVID-19, we now offer online options that earn a temporary 90-day certificate. This blended alternative teaches the first component online at the participant's pace. Upon completion, participants will receive their temporary certification. Within 90 days, participants will be required to complete the in-person component, after which they will be issued a 3-year certification. We will offer the classroom component for all our first aid courses when it is safe to do so.

Emergency First Aid

DESCRIPTION: Emergency First Aid is a one-day course providing an overview of basic emergency first aid, cardiopulmonary resuscitation (CPR), and Automated External Defibrillator (AED) skills for the workplace or home.

DURATION: Approx. 4 hour online portion (self-paced), 4 hour in-class portion

COST: \$50 +tax for online course, \$50 +tax for in-person component

CERTIFICATION: 90-day certification after the online portion, 3-year certification after the in-person component

Standard First Aid

DESCRIPTION: Standard First Aid is a comprehensive two-day course offering standard first aid, cardiopulmonary resuscitation (CPR) and Automated External Defibrillator (AED) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home.

DURATION: Approx. 8 hour online portion (self-paced), 8 hour in-class portion

COST: \$50 +tax for online course, \$75 +tax for

in-person component

CERTIFICATION: 90-day certification after the online portion, 3-year certification after the in-person component



Canadian Red Cross

