



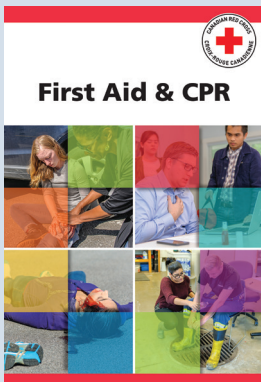
# COMMISSIONAIRES

## TRAINING



### MATERIALS

- > Red Cross First Aid & CPR Manual
- > First Aid certificate (digital certificate issued upon successful completion)
- > Red Cross First Aid App



### CONTACT US

COMMISSIONAIRES HEAD OFFICE  
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[commissionaires.ca](http://commissionaires.ca)

## Emergency (Basic) First Aid & CPR/AED Level A, C

Commissionaires Nova Scotia (CNS) offers a one day course that provides basic emergency first aid, cardiopulmonary resuscitation (CPR), and Automated External Defibrillator (AED) skills for the workplace or home.

Participants learn the latest first aid and CPR guidelines which meet OHS regulations for Basic First Aid. The course includes injury prevention content, CPR and AED taught by certified instructors. CNS offers this course at a variety of locations across the province for both individual and group registrations. We can even deliver training at your work site!

**Certification:** 3-year certification in Emergency First Aid, CPR/AED Level A and C

**Duration:** 7.5 hours, with flexible scheduling options for group bookings

**Cost\*:** \$120 +tax

\*Methods of payment include credit card, cash and invoice

**Instructor:** Red Cross Certified First Aid Instructor

**Completion Requirements:** 100% attendance, acceptable skills demonstration, and 80% minimum passing grade on written exam

### Course Content:

- > Preparing to respond
- > The Emergency Medical System
- > Check, Call, Care
- > Airway emergencies
- > Breathing and circulation emergencies
- > First aid for respiratory and cardiac arrest
- > Wound care



Canadian  
Red Cross

**Training  
Partner**

## OUR PEOPLE

CNS is the leading security and background screening services provider in Nova Scotia. As a not-for-profit organization led by industry professionals, we offer a mix of youthful energy and seasoned judgment. Our workforce is enriched by the high proportion of former Canadian Armed Forces and RCMP members who work for us.

## OUR CLIENTS

CNS protects people, property, and information for small-to-large private, public, and government clients. We supply commissionaires at more than 200 sites across the province.



SAI GLOBAL  
ISO 9001  
Quality



SAI GLOBAL  
ISO 14001  
Environmental

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## Customized Training for Groups

We can design and facilitate training specific to your organization's needs when and where you need it. Are there certain characteristics of your company or industry that employees should be prepared for? We will work with you to develop custom curriculum to suit your precise requirements. We can deliver the training at your work site or host it at a variety of locations across the province.

## Other Training Available

- > Standard First Aid & CPR/AED Level A, C
- > Personnel with Security Responsibilities (PSWR) and Vehicle Screening Workshop
- > Service Delivery Situational Awareness
- > Other Customized Safety and Security Training

## Why Choose Commissionaires For Your Training?

Our courses are taught by highly trained Red Cross-certified instructors, who use modern adult learning techniques and their wealth of experience to deliver engaging and hands-on courses. With this practical approach, this course will equip you with the skills and confidence needed to act in an emergency situation.

**Commissionaires Nova Scotia (CNS) is a not-for-profit organization dedicated to providing meaningful employment that meets the needs of veterans of the Canadian Armed Forces, the Royal Canadian Mounted Police, their families and others who wish to contribute to the security and well-being of Canadians.**

